



allergic girl resources, inc.

advocacy, coaching & consulting

Sloane Miller, MSW, LMSW

PO Box 20100

DHCC

New York, NY 10017

347.541.3133

sloane.miller@allergicgirl.com

allergicgirl.com

For Immediate Release

Sloane Miller/347.541.3133

press@allergicgirl.com

Allergic Girl: Adventures in Living Well with Food Allergies By Sloane Miller

Published March 7, 2011, John Wiley & Sons

New York, NY February 2011 — Sloane Miller, a food allergy advocate, author and social worker has written **Allergic Girl: Adventures in Living Well With Food Allergies**, the definitive how-to guide for living safely, effectively and joyfully with food allergies.

The first of its kind, **Allergic Girl** offers Miller's expert guidance on how to understand food allergies; how to find and talk to a board-certified allergist; and how to talk to family and friends, servers and dates about supporting someone with food allergies. And, she shares her personal experiences—dating, eating out, working—from a lifetime of living with food allergies.

Allergic Girl is for anyone with food allergies. It's also for anyone who knows someone with food allergies. Drawing upon her commitment to helping people with her personal and professional expertise, Miller lays out tested strategies and practical solutions using a mix of personal experience and insights drawn from her work with clients and other leaders in the food allergy field.

Miller is a leading voice in the food allergic community. Born with food allergies, Miller developed environmental allergies as a child. In 2006, Miller launched her award-winning blog, *Please Don't Pass the Nuts*, as a way to connect to the food allergic community. From there, she has grown a thriving and recognized practice as counselor and advocate. Today Miller counsels individual clients and groups, restaurants, hotels and food producers, and government agencies, including the National Institutes of Health and the Congressionally Directed Medical Research Programs, where she served as the consumer reviewer for 2010.

Marrying personal passion with expertise, **Allergic Girl** is an indispensable, friendly guide to those with food allergies, friends and family and anyone who wants to live life to the fullest.

Published by John Wiley & Sons on 7 March 2011, *Allergic Girl: Adventures in Living Well With Food Allergies* [is available on-line and at bookstores nationwide.](#)